

STARFISH BOOKLET

Learning Activities Kindergarten Level 1

Activity Guidelines For Students & Parents

Each week, have students choose at least 6 activities (use 30 minutes per activity)

3 R

2 activities out of 6 activities total

Makerspace

Choose at least

2 activities out of
6 activities total

Life Skills

Choose at least **2 activities** out of

6 activities total

1. Reading, Writing and Arithmetic Activities (3R)

Learning activities that teach reading, writing and arithmetic skills for kindergarten students, including Thai, English, and mathematics. There are six activities available each week; have students choose at least two.

2. Makerspace Activities

A creative activity for students to practice systematic thinking and create their work though the STEAM Design Process. Our teachers have created six activities per week; have students choose two activities.

3. Life Skills

Activities that develop basic skills for students, such as physical, emotional, psychological and social development. There are skills that allow students to help themselves prepare for life in school. There are six activities available per week; students choose at least two.

All activities will take approximately 30 minutes to do. Parents and students can be flexible with their time during these activities, and can choose activities per their interest. Each week, activities will be assessed by parents and classroom teachers. Parents are asked to cooperate in assessing students accurately and truly, so that teachers can find ways to promote and develop students to meet their needs.

Our Student Learning Goals for Developing 21st Century Skills



Reading, Writing and Calculation Activities (3R)

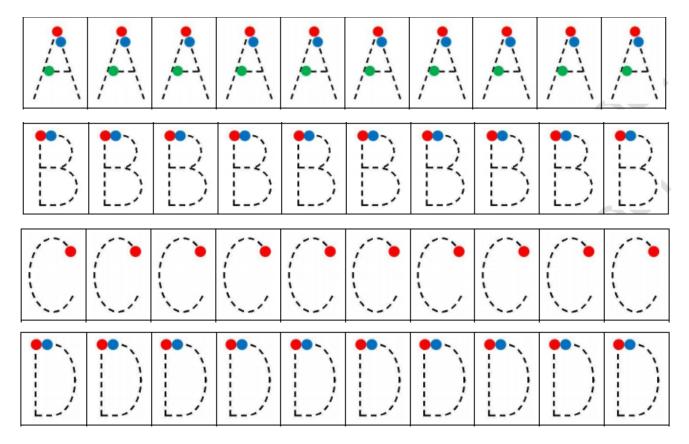
(this sample contains only one activity; for full booklet students choose at least two out of 6 activities per week)



Activity

Directions. Have student follow the dotted lines below.

Steps: 1. Start to draw the line down from the red dot. 2. Start to draw from the blue dot. 3. Start to draw from the green dot.



Find more information at: Learning & Teaching English at Baan Pla Dao School



Makerspace

Description

With Makerspace activities, you can create your own work at home. Let's plan our creation according to the STEAM Design Process. The first week, the teacher will ask for a story. Choose a topic that you like, taking into account the resources available at home and that the school provided.

The steps of the STEAM Design Process are:

- 1. Ask (What should I do?)
- 2. Imagine (What does your face look like? Try drawing it as you imagine.)
- 3. Plan (What materials and equipment are needed?)
- 4. Create (Do it now.)
- 5. Reflect & Redesign (Did you succeed or not? Were there any problems while working? If yes, why?)

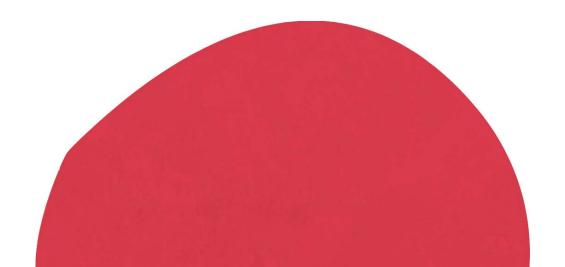
*** After your creation is finished, don't forget to take a photo and send it to the teacher in the classroom's LINE group chat ***

Note: Parents and students can go to this QR code to learn more about Makerspace activities:



Makerspace Activities

(this sample contains only one activity; for full booklet students choose at least two out of 6 activities per week)



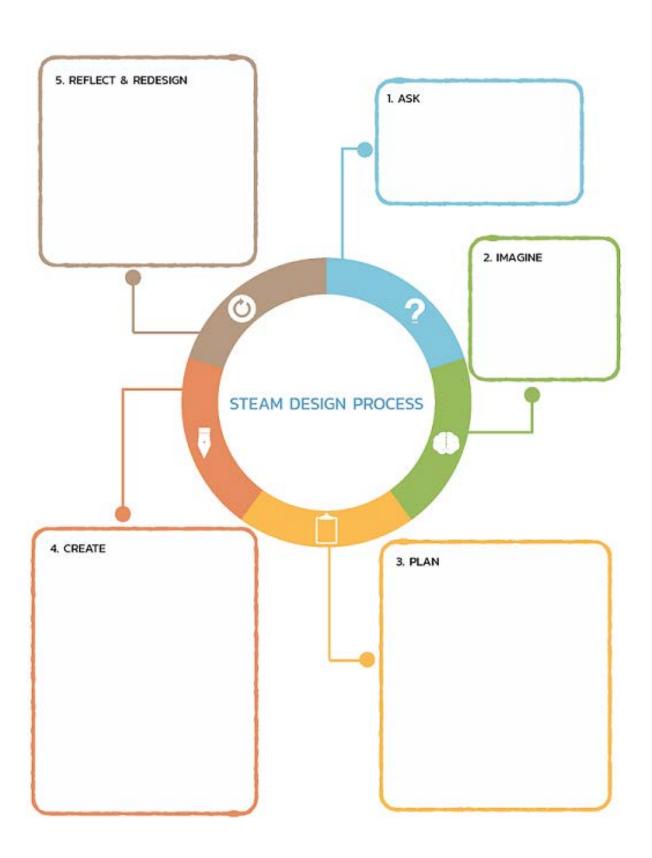
Activity

Create a toy from garbage / waste materials. (1 finished item)

Scan QR code for example:



My first creation is			
		•••••	



Picture of Creation 1	

Life Skills Development Activities

(this sample contains only one activity; for full booklet students choose at least two out of 6 activities per week)



Activity

Physical Development Activity

This helps children to train their movement, expand their brain with simple yoga poses, practice balance and develop large muscles.

Position 1 - Tree Position

- -Place your hands together, resembling a Thai wai. Stand up straight and raise your right knee (hold this position while counting 1 to 5).
- -Slowly lower the right leg back down and stand straight. Put your hands back in the wai position, and change to lift your left knee up (hold this position while counting 1 to 5).





Position 2 - Flying Bird

- -Stand up with both hands to the sides of your body. Slowly stretch your left foot back.
- -Leaning forward, slowly spread out your left arm, and then your right arm.
- -Slowly lower your left foot back down to stand upright again, then your arms back down to the sides of your body.
- -Repeat this process but switch to your right foot.

Position 3: Crescent Moon

- -Stand with your feet straight. Spread your arms upwards on both sides and slowly lean to the left side (hold this position while counting 1 to 5).
- -Return your back to be straight and upwards again, then slowly change to lean to the right side (hold this position while counting 1 to 5).



*** Parents, please help to take pictures as the children do these activities, to show to the teacher.



